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## DOING SHAMANIC MENTORING

**Welcome!** We offer shamanic mentoring -- personal training and guidance in the ancient work of bridging the worlds. If you have a working relationship with a power animal or other spirit helper and the ability to journey shamanically, we can help you develop your explorations in directions you've been seeking. Here are just a few of the ways you might aspire to deepen your practice:

- Integrating shamanism into your healing profession
- Exploring where ecological science merges with spirit work
- Practicing shamanic diagnosis and healing techniques like soul retrieval
- Help in exploring your own ancestral tradition
- Support in helping souls transition after death
- Maintaining your practice during challenging times
- ....and, best of all, your own goals!

**How to get started:** First let us know you're considering a mentorship. To begin in January 2025 please let us know by December 15, as the number of mentorships is limited. Contact us at [moonarts@gmail.com](mailto:moonarts@gmail.com), (207) 589-3063. We'd love to hear from you!

**Next, think deeply about these questions**, taking some good notes (**not** writing out an essay!) for discussion with us later.

- Do you have strong goals for our work together? Why do you want mentoring? What calls you? How does it call? What are your motives for responding to the call?
- What are the outcomes you want from our work together (loose or clear, either one– we'll help you make them clearer). What do you want to leave with, or how do you want to be different?
- A vision of your future (life after mentoring–your aspirations/dreams)
- Do you have energy for this?
- Do you have time for this?
- Do you have a strong practice of spirit-work? (This need not be very broad or include many skills, but it should be some actively working relationship with spirits.)
- What do your important spirit helpers say about this mentoring thing?
- An assessment of your “wealth” that you bring to this work– experience, spirit callings, skills, trainings, previous learning, other teachers, heritage, etc.

**Next we hear what you have to say about these questions. You'll work together with us to design your own exploration, study, and learning**–crafted especially with you to nurture the growth you're seeking in your shamanic practice. Then together we write up an agreement of what we all expect from each other.

## **How it looks on the ground**

We work together over several weeks, months, or possibly longer, based on our conversations and your goals. How often we meet is by agreement; a common format is one hour every two or three weeks, but we can reassess as needed.

Much of our contact is on Zoom, which we've found works quite well. If it makes sense to meet other "mentees" on Zoom from time to time, you may decide to do that; if meeting up outdoors in nature seems right, we may be available.

We give you periodic assessment of your progress, you assess us as mentors, and you assess yourself.

We can work together to tailor it to fit all your needs... that's the beauty of mentoring!

## **What we have to offer you**

Sixty-five years of experience between us... teaching and convening shamanic circles and classes, doing shamanic healing...more than a thousand students and healing sessions....  
... the Foundation for Shamanic Studies two-week advanced training.... the FSS three-year certification program.... years of advanced weather-work practica with Nan Moss and David Corbin... classes with Larry Peters on Nepali shamanism....shape-shifting with Claude Poncelet... years of practice with Rabbi Gershon Winkler on Jewish shamanism...

There's a whole lot more about us that you can see at [thirteenthmooncenter.net](http://thirteenthmooncenter.net)

## **How long will we be offering mentoring?**

We can't guarantee we'll be available to mentor far into the future. We maintain an active healing practice but we're teaching much less these days. If you feel called to work with us, now would be the time.

### **What we charge**

We charge for our time based on contact hours with you, our preparation hours, and your ability to pay. This amounts to \$60.00 an hour for both Susan and Chris together, starting with the first meeting. We'll be in a better position to estimate the total hourly amount after we have that first conversation with you.

Once again, you can reach us at:

[moonarts@gmail.com](mailto:moonarts@gmail.com)

207-589-3063

We look forward to working with you!

Blessings,

*Susan and Chris*